



YEAR OF FAITH²⁰¹²₂₀₁₃

The Most Holy Rosary

A PRAYER GUIDE



Ecclesiastical Province of Manila

Marian Youth Movement

Fort Bonifacio High School Chapter

West Rembo, Makati City

PRAYING THE MOST HOLY ROSARY OF THE BLESSED VIRGIN MARY

MYSTERIES OF THE MOST HOLY ROSARY

JOY (Monday/Saturday**)

- The Annunciation of the Angel Gabriel to Mary**
(Luke 1:26-38)
- The Visitation of Mary to Elizabeth**
(Luke 1:39-45)
- The Birth of our Lord**
(Luke 2:1-20)
- The Presentation of Jesus in the Temple**
(Luke 2:22-35)
- The Finding of Jesus in the Temple**
(Luke 2:41-52)

LIGHT (Thursday)*

- The Baptism of Jesus in the Jordan River**
(Matthew 3:17)
- The Wedding at Cana**
(John 2:1-12)
- The Proclamation of the Kingdom of God**
(Mark 1:15)
- The Transfiguration**
(Luke 9:29)
- The Institution of the Eucharist**
(John 13:1)

SORROW (Tuesday/Friday)

- The Agony in the Garden of Gethsemane**
(Matthew 26:36-46)
- The Scourging of Jesus at the Pillar**
(Mark 15:1-16)
- The Crowning of our Jesus with Thorns**
(Matthew 27:27-31)
- The Carrying of the Cross**
(Mark 15:20-22)
- The Crucifixion**
(Luke 23:33-46)

GLORY (Wednesday/Sunday**)

- The Resurrection**
(Matthew 28:1-10)
- The Ascension of Our Lord**
(Luke 24:44-53)
- The Descent of the Holy Spirit**
(John 14:15-21)
- The Assumption of Our Lady into Heaven**
No Scriptural Reference
- The Coronation of the Blessed Virgin Mary**
No Scriptural Reference

* The Mysteries of Light is added to the Prayer of the Most Holy Rosary by the Late Pope John Paul II in his Apostolic Letter entitled Rosarium Virginis Mariae dated October 16, 2002. He stated, "As a prayer for peace, the Rosary is also, and always has been, a prayer of and for the family.

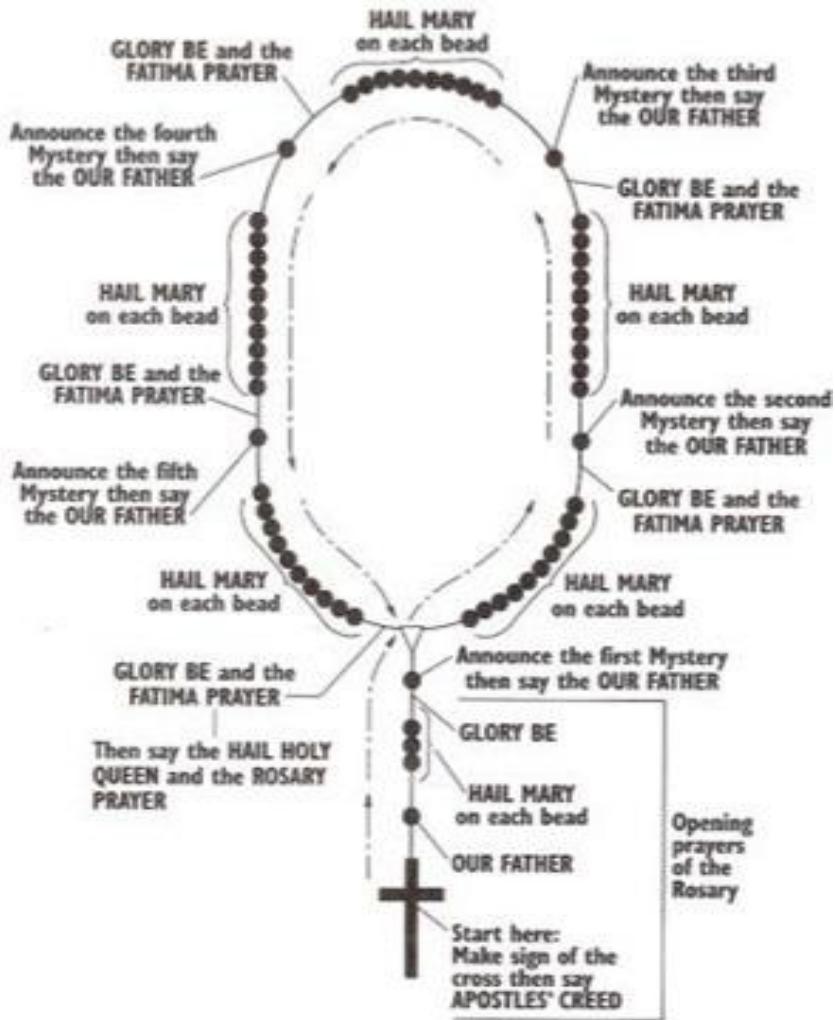
**During Advent, the Mysteries of Joy are prayed on Saturday and Sunday.

**During Lent, the Mysteries of Sorrow are prayed on Saturday and Sunday



The Rosary is a way to meditate on the Life of Christ. Each group of ten beads is called a Decade. Before each decade, recall the part of the story of Jesus it represents. Touch a bead for each prayer, except for the Glory Be.

A GUIDE ON HOW TO PRAY THE ROSARY



9. Pray the Rosary Prayer. Then pray for the Litany of the Blessed Virgin Mary and/or the Chaplet of Divine Mercy.
10. Again, look and hold at the crucifix and make the sign of the Cross.

PRAYERS

Sign of the Cross In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Apostles Creed I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Our Father Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into

1. Looking at the cross, we hold it while we make the sign of the cross and pray the Apostle's Creed (Nicene Creed for some) which is a summary of all things we believe in as Catholics.

2. On the first large bead, we pray the Our Father, the prayer that Jesus taught us.

3. On the next three beads, we pray the Hail Mary and then the Glory Be.

4. On the next large bead, we announce the First Mystery. We reflect on what happened to Jesus at this time. Then, we pray Our Father.

5. Pray a Hail Mary on the next ten beads. Then we pray Glory Be and the Fatima Prayer (Oh, My Jesus)

6. Repeat Steps No. 4-5 for the next four mysteries.

7. Pray the Hail Holy Queen as the Concluding Prayer.

8. Follow your Local Custom for other prayers at this point.

	temptation, but deliver us from evil. Amen.
Hail Mary	Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen.
Glory Be	Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.
Oh My Jesus	O my Jesus, forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.
Hail Holy Queen	Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be worthy of the promises of Christ. Amen.
Rosary Prayer	Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

THE NICENE CREED

I believe in one God, the Father almighty,
 maker of heaven and earth,
 of all things visible and invisible.
 I believe in one Lord Jesus Christ,
 the Only Begotten Son of God,
 born of the Father before all ages.
 God from God, Light from Light,
 true God from true God,
 begotten, not made, consubstantial
 with the Father;
 Through him all things were made.
 For us men and for our salvation
 he came down from heaven,
 and by the Holy Spirit was incarnate
 of the Virgin Mary,
 and became man.

For our sake he was crucified
 under Pontius Pilate,
 he suffered death and was buried,
 and rose again on the third day
 in accordance with the Scriptures.

He ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory
 to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son

is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic,

and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come.

Amen.

A PRAYER FOR SAFETY FROM SATAN

May it be known all over the world, that Satan, the prince of darkness is real! He disguises himself as the light, Entrapping and hauling the unprepared. He spreads the seeds of disruption, then sits back, waiting to gather the crop. As I draw nearer to Jesus' fiery love, I also draw the evil of Satan's attacks. Jesus, protect me from such great evil. Let not Satan or his fiends approach me. Keep me under your harmonious auspice, for I am Your follower of righteousness, Amen!

A PRAYER FOR OUR NATIONAL ELECTION

(Authored By Fr. Frank Pavone.)

O God, we acknowledge You today as Lord, Not only of individuals, but of nations and governments. We thank You for the privilege Of being able to organize ourselves politically And of knowing that political loyalty Does not have to mean disloyalty to You.

We thank You for Your law, Which our Founding Fathers acknowledged And recognized as higher than any human law.

We thank You for the opportunity that this election year puts before us, To exercise our solemn duty not only to vote, But to influence countless others to vote, And to vote correctly.

Lord, we pray that Your people may be awakened. Let them realize that while politics is not their salvation, Their response to You requires that they be politically active.

Awaken Your people to know that they are not called to be a sect fleeing the world But rather a community of faith renewing the world.

Awaken them that the same hands lifted up to You in prayer Are the hands that pull the lever in the voting booth; That the same eyes that read Your Word Are the eyes that read the names on the ballot, And that they do not cease to be Christians When they enter the voting booth.

Awaken Your people to a commitment to justice, To the sanctity of marriage and the family, To the dignity of each individual human life, And to the truth that human rights begin when Human Lives Begin, And not one moment later.

Lord, we rejoice today That we are citizens of Your kingdom.

May that make us all the more committed To being faithful citizens on earth.

We ask this through Jesus Christ, our Lord.

Amen.

LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy on us.	pray for us.
Christ, have mercy on us.	Mother most pure,
Lord, have mercy on us.	pray for us.
Christ, hear us.	Mother most chaste,
Christ, graciously hear us.	pray for us.
God the Father of Heaven,	Mother inviolate,
Have mercy on us.	pray for us.
God the Son, Redeemer of the world,	Mother undefiled,
Have mercy on us.	pray for us.
God the Holy Ghost,	Mother most amiable,
Have mercy on us.	pray for us.
Holy Trinity, one God,	Mother most admirable,
Have mercy on us.	pray for us.
Holy Mary,	Mother of good counsel,
pray for us.	pray for us.
Holy Mother of God,	Mother of our Creator,
pray for us.	pray for us.
Holy Virgin of virgins,	Mother of our Savior,
pray for us.	pray for us.
Mother of Christ,	Virgin most prudent,
pray for us.	pray for us.
Mother of divine grace,	
Virgin most venerable,	pray for us.
pray for us.	Tower of ivory,
Virgin most renowned,	pray for us.
pray for us.	House of gold,
Virgin most powerful,	pray for us.
pray for us.	Ark of the Covenant,
Virgin most merciful,	pray for us.
pray for us.	Gate of Heaven,
Virgin most faithful,	pray for us.
pray for us.	Morning star,
Mirror of justice,	pray for us.
pray for us.	Health of the sick,
Seat of wisdom,	pray for us.
pray for us.	Refuge of sinners,
Cause of our joy,	pray for us.
pray for us.	Comforter of the afflicted,
Spiritual vessel,	pray for us.
pray for us.	Help of Christians,
Vessel of honor,	pray for us.
pray for us.	Queen of angels,
Singular vessel of devotion,	pray for us.
pray for us.	Queen of patriarchs,
Mystical rose,	pray for us.
pray for us.	Queen of prophets,
Tower of David,	pray for us.

Queen of apostles,
pray for us.
Queen of martyrs,
pray for us.
Queen of confessors,
pray for us.
Queen of virgins,
pray for us.
Queen of all saints,
pray for us.

Queen conceived without Original Sin,
pray for us.
Queen assumed into Heaven,
pray for us.
Queen of the most holy Rosary,
pray for us.
Queen of peace,
pray for us.
Lamb of God, who takes away the sins of the world,
world, Spare us, O Lord.

Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world,
Have mercy on us.
Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Grant, we beseech Thee, O Lord God, that we Thy Servants may enjoy perpetual health of mind and body and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal happiness. Through Christ Our Lord. Amen.

THE ANGELUS

(Every 6:00 in the morning, 12:00 at noon, and 6:00 in the evening)

The Angel of the Lord declared to Mary:

And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord: Be it done unto me according to Thy word.

Hail Mary . . .

And the Word was made Flesh: And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

Amen.

Glory Be (3x)

THE DIVINE MERCY CHAPLET

How to Recite the Chaplet of Divine Mercy

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. At the National Shrine of Divine Mercy in Stockbridge, Massachusetts the Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

Begin with the Our Father, the Hail Mary and the Apostle's Creed:

Then, on the large bead before each decade:

Eternal Father,
I offer you the Body and Blood,
Soul and Divinity,
of Your Dearly Beloved Son,
Our Lord, Jesus Christ,
in atonement for our sins
and those of the whole world.

On the ten small beads of each decade, say:

For the sake of His sorrowful Passion,
have mercy on us and on the whole world.

Conclude with (Say 3 Times):

Holy God,
Holy Mighty One,
Holy Immortal One,
have mercy on us
and on the whole world.

Optional Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.